



FOR IMMEDIATE RELEASE

January 10, 2012

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PRESIDENTIAL OAKS ANNOUNCES UPCOMING SCHEDULE OF PUBLIC EVENTS

(Concord, New Hampshire) – Presidential Oaks, a licensed, non-profit retirement community providing affordable, accessible living options for seniors, has released its upcoming calendar of events that are free and open to the public. Registration is required. Call Sue McFadden at 603-724-6128 to register. Events include:

- **January 17, 2012:** Chinese Travel: Shanghai. With a skyline that rivals New York City or Dubai, Shanghai has become the face of modern China – the bustling hub of the world’s most populous nation. But it’s also an old city, and this video travelogue spotlights that as well. See historic landmarks, enchanting gardens and hidden corners of this increasingly cosmopolitan center. 2:00 pm
- **January 19, 2012:** Winter Warm-Up Dinner. Bubbling chicken pot pie topped with a savory biscuit, winter vegetable medley, and warm raisin bread pudding. Noon.
- **January 23, 2012:** Traditional Chinese New Year Dinner. Barbecue pork and rice, lo mein vegetables, classic egg rolls, fortune cookies and fruit. Noon.
- **January 23, 2012:** Chinese New Year Event. Dr. Desiree Wong, principal of the NH Chinese School will discuss Chinese lore and culture. There will also be a live performance of Chinese dance and martial arts. 1:00 pm.
- **February 7, 2012:** Spain and Portugal. Rick Steves tried just about everything – short of running with the bulls – as he takes his popular television series to Spain and Portugal. Stops include Barcelona, Catalunya, Madrid, Toledo, Salamanca, Sevilla, Andalusia, Costa del Sol, Algarve and Lisbon. 2:00 pm.
- **February 11, 2012:** Annual Sweetheart Dance. Take a stroll around the dance floor to the music of John Chounard. Enjoy refreshments and new friends in the *Love is Ageless* Ballroom. Ballroom dancers and an instructor will be on hand to demonstrate the fox trot, waltz, rumba and more! 2:00 – 5:00 pm.
- **February 14, 2012:** Valentine’s Day Sweetheart Dinner. Roasted stuffed chicken breast, cheddar baked potato, buttered green beans, cranberry jelly and chocolate mousse. Noon.
- **February 21, 2012:** Scandanavia. Rick Steves delivers all that Scandanavia is known for including popular tourist sites and many of the lesser-known landmarks. See Copenhagen, Denmark, Oslo, Bergen, Stockholm and Helsinki and more! 2:00 pm.

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About Presidential Oaks

For more than 125 years, Presidential Oaks has provided quality comfort, care, and service to seniors in the Concord, NH area. The Presidential Oaks staff specializes in helping seniors achieve optimal quality of life through a continuum of care setting that includes retirement living, supportive residential care, skilled nursing and rehabilitation, long-term living, short stays, and end of life care. The building, which sits on eleven pristine acres, provides residents with spacious accommodations, handicap access, and convenient parking. For more information about Presidential Oaks, call toll free at 1-800-678-1333 or visit www.presidentialoaks.org.

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